

Fundraising

Could you make a positive difference to a child's life?

Here are five ways for you to get involved. The Catholic Children's Society (Plymouth) relies on the generous support of people to fund our work. Thank you to everyone who helps in any way to ensure we continue to support those children and their families when they need our help most.

CHALLENGE yourself to fundraise
A 5k, a sky dive, a sponsored knit - the challenge is up to you



HELPING HANDS join the 50:50 club
£12 a year and a chance to win every month!



INVOLVE become a volunteer
Pass on the news of the Society to your parish, school, friends and family



LEGACY leave a will
Provide security for you, your loved ones and the children of the future



DONATE and declutter
Stamps, coins, jewellery, watches and ink cartridges can all create vital funds.



For details of all the ways you can get involved to help local vulnerable children and their families, please visit our website www.ccsplymouth.org.uk or call **01364 645420**.

The Catholic Children's Society (Plymouth) is a voluntary organisation supporting families of all faiths and none within the Diocese of Plymouth. The majority of its fundraising comes from the Catholic community within the Diocese of Plymouth.

Please do not hesitate to contact the Catholic Children's Society (Plymouth) if you require any further information on our services or the different ways you could get involved to help with fundraising. If you would like to find out more about the work that we do striving to enrich the lives of children and their families through the provision of items which others take for granted, please do get in touch.



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Putting All Children First

SEPTEMBER 2019

SUPPORTING FAMILY LIFE

Catholic Children's Society
(Plymouth)



Putting All Children First



About CCSP

One in five children living in the south west are living in poverty and in some areas of the region, poverty is even more severe. Many parents and carers, despite working, find their income does not meet their basic needs such as a working cooker, warm clothes in the winter or a proper bed to sleep in. And then when their circumstances change suddenly, life can become even harder as they have no cushion of savings to fall back on.

The Catholic Children's Society (Plymouth) is a small Diocesan charity working throughout Devon, Cornwall and parts of Dorset. We help families of all faiths and none in times of financial need and provide support to parents and carers in bringing up their children.

We do this through our:

- Essential Grants Programme
- Patchwork Parenting courses
- Good Shepherd Programme

GOOD SHEPHERD

Our Good Shepherd programme gives children the opportunity to think about what they have and how they could help other children less fortunate than themselves. Please visit our website to find out what we're currently doing to help children to think of others, which is the loveliest, kindest and most caring thing that we can all do.

What We Do

ESSENTIAL GRANTS

Geoff was struggling to cope financially and emotionally after his wife died the year before. He could not afford to replace the washing machine when it broke and the twice weekly visits to the launderette were not only stretching the budget, but were also very disruptive for his three young children. The parent support worker at school suggested that he contact the CCSP and with their support, Geoff's spirits were lifted when a grant was given for a new washing machine and he was able to do the family laundry again at home.



When families are struggling to put food on the table, warmth in their homes and clothes on their children, they are not prepared for when something goes wrong. A broken washing machine is an unwanted expense for anyone, but for those struggling with circumstances such as sudden illness, bereavement, redundancy or eviction, it may mean the need for an expensive loan and the risk of spiralling debt. The CCSP Essential Grants programme aims to prevent an immediate crisis from threatening the stability of family life, by providing essential items that parents and carers could otherwise not afford for their children.

A TYPICAL YEAR SEES...



A TYPICAL GRANT:

- £50 for school shoes for two children
- £100 for a single bed and mattress
- £160 for a new washing machine or an electric cooker
- £250 for a gas cooker and its fitting

If you would like more information on our grant funding, please visit our website www.ccsplymouth.org.uk or contact us by email ccs@prcdtr.org.uk or by phone **01364 645420**.

PATCHWORK PARENTING

We offer practical and emotional support to parents and carers through the following parenting programmes –



PARENTING THROUGH THE EARLY YEARS

Six or seven weekly sessions offering effective parenting support to parents and carers of toddlers, pre-schoolers and reception children. The course focusses upon everyday issues faced by those with younger children just about to start school.

"The course has helped me with my daughter's bedtime routine."



PARENTING THROUGH THE PRIMARY YEARS

Six or eight weekly sessions offering thought provoking support for parents and carers of all ages, although ideally aimed at children at primary school.

"(Since the course) I am trying to be more patient and listen and play more."



PARENTING THROUGH THE TEENAGE YEARS

Seven weekly sessions dealing with the more difficult situations often met in the teenage years. The course is suitable for those whose children are approaching the teenage years as well as those with teenage children already.

"The parents in the group have given me genuine support."

The programmes provide parents and carers with the opportunity to support each other and, with the help of a trained facilitator, build on their own strengths to understand their children better and confirm their parenting skills.

Details of the courses and where they are running can be found on our website www.ccsplymouth.org.uk

If you would like to host a Patchwork Parenting course, please call our facilitator on **01364 645423** or email: patchwork@prcdtr.org.uk