#### Some more ideas are available at these resources:

National Literacy Trust

Hungry Little Minds

Tiny Happy People

Big Little Moments

• Ican

There's no app to replace your lap.

Reading with your child can be fun.



We all need this reminder

- pop your phone away

so you can focus on your

child during these times!



Please talk to your child's childminder, nursery or school for more information.

0-19 Public Health Nursing Team,
Action for Children and the Children's
Society offer a service for families to
meet the needs of children and young
people so they are happy, healthy and
able to learn and develop securely. The
website is: www.0to19torbay.co.uk

This includes support to families with children who are under-five. The Children's Centre is open 9am-4pm each week day.

The Beehive Children's Centre, Bishops Place, Paignton, TQ3 3DZ Telephone 01803 210200

#### Learning together at home is as easy as...



Parents provide love and care which enables children to thrive. Having fun while spending time with children at home: talking, listening, playing with something they enjoy grows babies and young children's brains. Just 10 minutes a day of focused attention can make a difference to a child's long term learning and development.

Join in with what your child likes and make it fun!

Chat, Play, Read recognises the importance of the learning that you do with your child at home.

Building Chat, Play, Read into your daily routines at home can help your child's learning now and for the future.

You being on the floor playing alongside your child will make the most difference!

### Chat!

Talk to your baby and respond to their sounds, movements and facial expressions – they love it when you copy them!

Enjoy 'back and forth' conversations with your child. Listen to what they say and respond.

Pick up on comments your child makes about things they notice, their memories and feelings.



# Play!

Play is a great way to provide fun opportunities to talk about what interests your child.

Try setting up a shop using tins and packets from the cupboard and enjoy role playing together.

Your child might enjoy simple dressing up outfits which can be made using a tea towel for a cape or a cereal box for a mask to make up stories together.



## Read!

Sharing books together can be a special time each day.

Find books in the library or charity shop. Let your child chose what interests them.

Look at the book together. Let your child ask questions and talk about the pictures while you read it.



Your child will learn from you when you enjoy these types of activities together: Painting and drawing; Playing with friends; Singing songs, poems and nursery rhymes; Visiting the library; Going on trips to the park, shops, beach.