



1st April 2025

Dear Parents/carers

### **Swimming at Plainmoor Pool - Year 6**

Swimming lessons will commence on Friday 25th April and continue on the following dates;

May 2, 9, 16

June 6, 13, 20, 27

July 4, 11

Initially, during the first session, the whole class will be assessed for their ability. The lessons will be delivered by qualified swimming instructors at Swim Torquay, Plainmoor and each session will last 1 hour.

Swimming is included within the national curriculum physical education programme of study. It is a Department of Education requirement that all children of primary age are given the opportunity to learn to swim 25 metres independently and all primary schools must provide swimming and water safety lessons. Our aim is that by the time children leave our school they can all swim independently and are able to keep themselves safe while enjoying swimming with friends and family.

**The children will eat lunch in class at 12.00 p.m. to make sure they are finished in time to leave for swimming. They can bring a packed lunch from home or you can choose the sandwich and fruit option from the menu on parentpay. PLEASE DO NOT ORDER THE CHILDREN A HOT LUNCH OPTION ON THESE DAYS.**

We will be transporting the children by coach to the pool at 12.35 p.m. returning in time for the end of the school day. The children will need to wear suitable swimwear (no bikinis please) and they may bring goggles. They do not need swimming hats, but long hair must be tied back.

Yours sincerely

**Mrs Amelia Harding**  
**Head Teacher**

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